



The 2 sites

Kilimanjaro Christian Medical Centre

- www.kcmc.ac.tz
- One of few medical schools in the country, nursing, etc.
- Basic wards + Specialties
- Many int'l collaborations
- Moshi (small city)

Haydom Lutheran Hospital

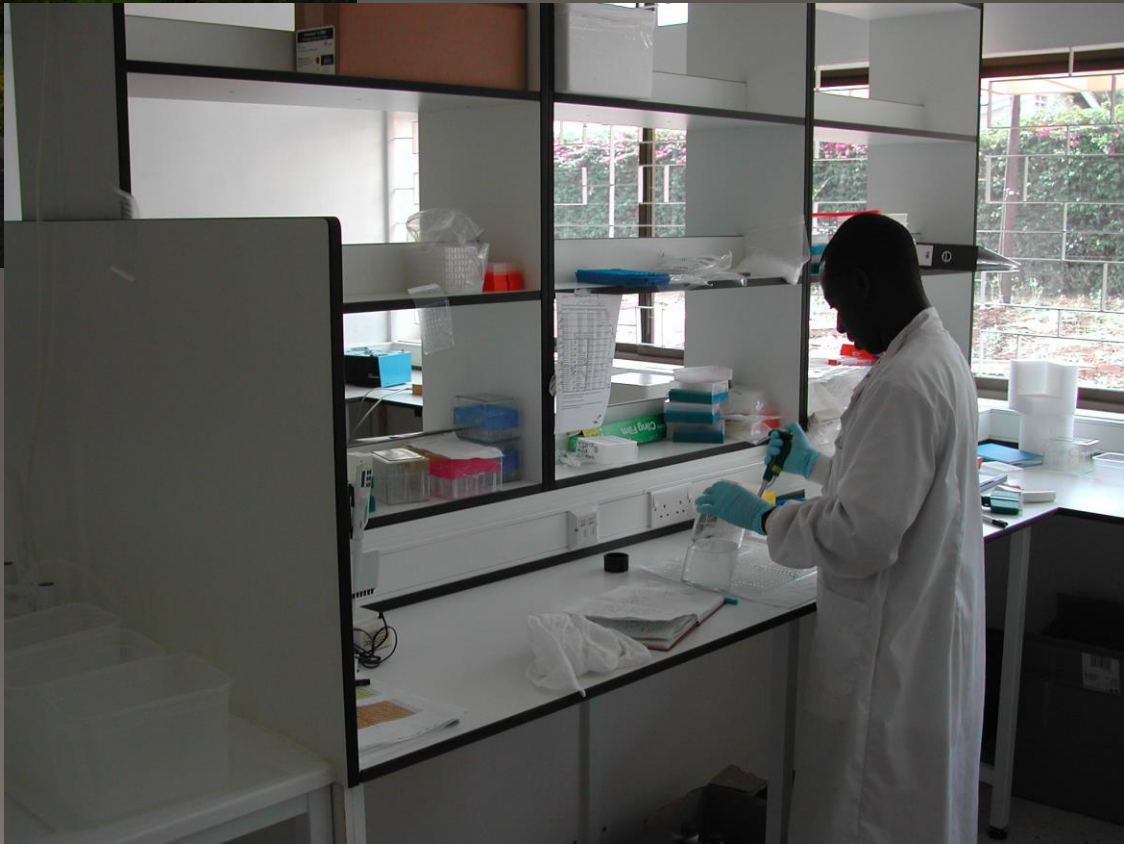
- www.haydom.com
- Rural hospital w/ nursing school
- Basic wards: Peds/Med/OBGYN/Surgery
- Mostly Norwegian/European
- Remote village

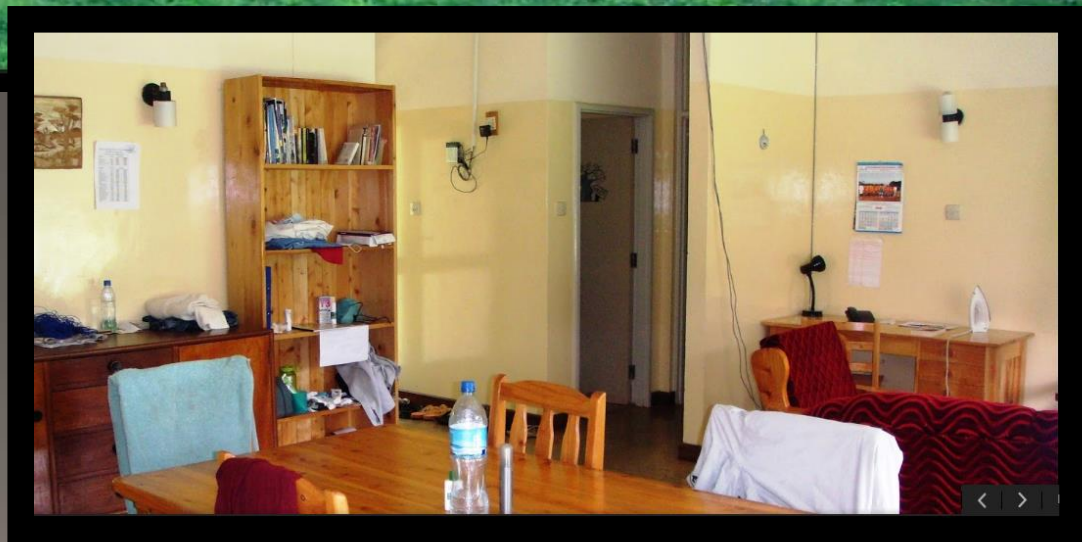


















MANYARA REGION
MINISTRY OF EDUCATION & VOCATIONAL TRAINING
MBULU DISTRICT COUNCIL
(M.D.C.)
HAYDOM
PRIMARY SCHOOL
BOX 182 MBULU. TEL. 2533753



SCHOOL MOTTO: EDUCATION
IS THE VISION TO LIFE
STRUGGLE





Datoga – Nilotic

Haydom
only place in Africa
where the four main
ethno-linguistic
groups coexist



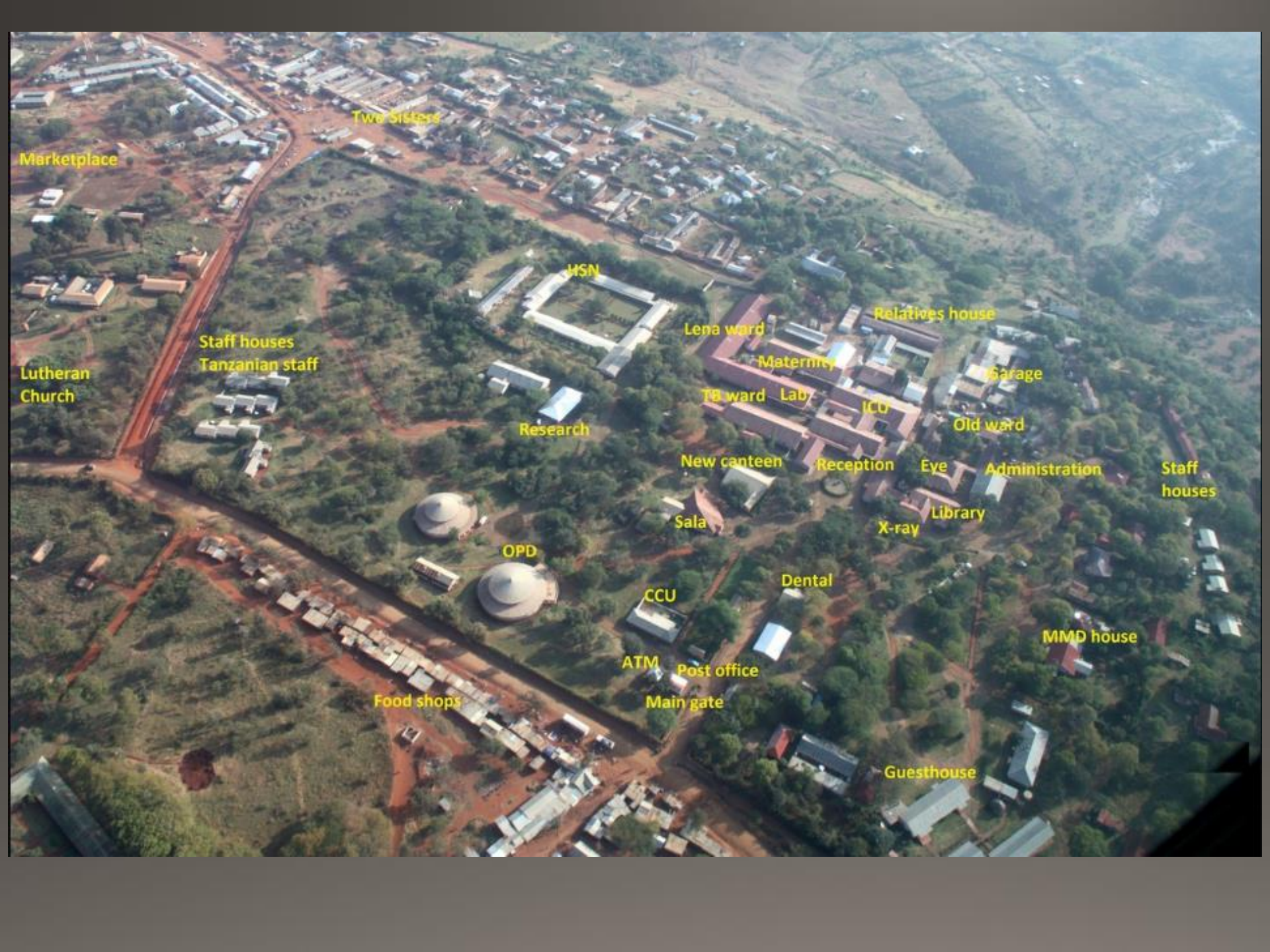
**Iramba, Nyaturu, Sukuma
– Bantu**



**Hadzabe – Khoisan/click
speaking**



Iraqw – Cushitic



Marketplace

Two Sisters

Lutheran Church

Staff houses
Tanzanian staff

HSN

Research

Lena ward

Maternity

TB ward

Lab

Relatives house

ICU

Garage

Old ward

New canteen

Reception

Eye

Administration

Staff houses

Sala

X-ray

Library

OPD

Dental

CCU

MMD house

Food shops

ATM

Post office

Main gate

Guesthouse



HAYDOM

LUTHERAN HOSPITAL

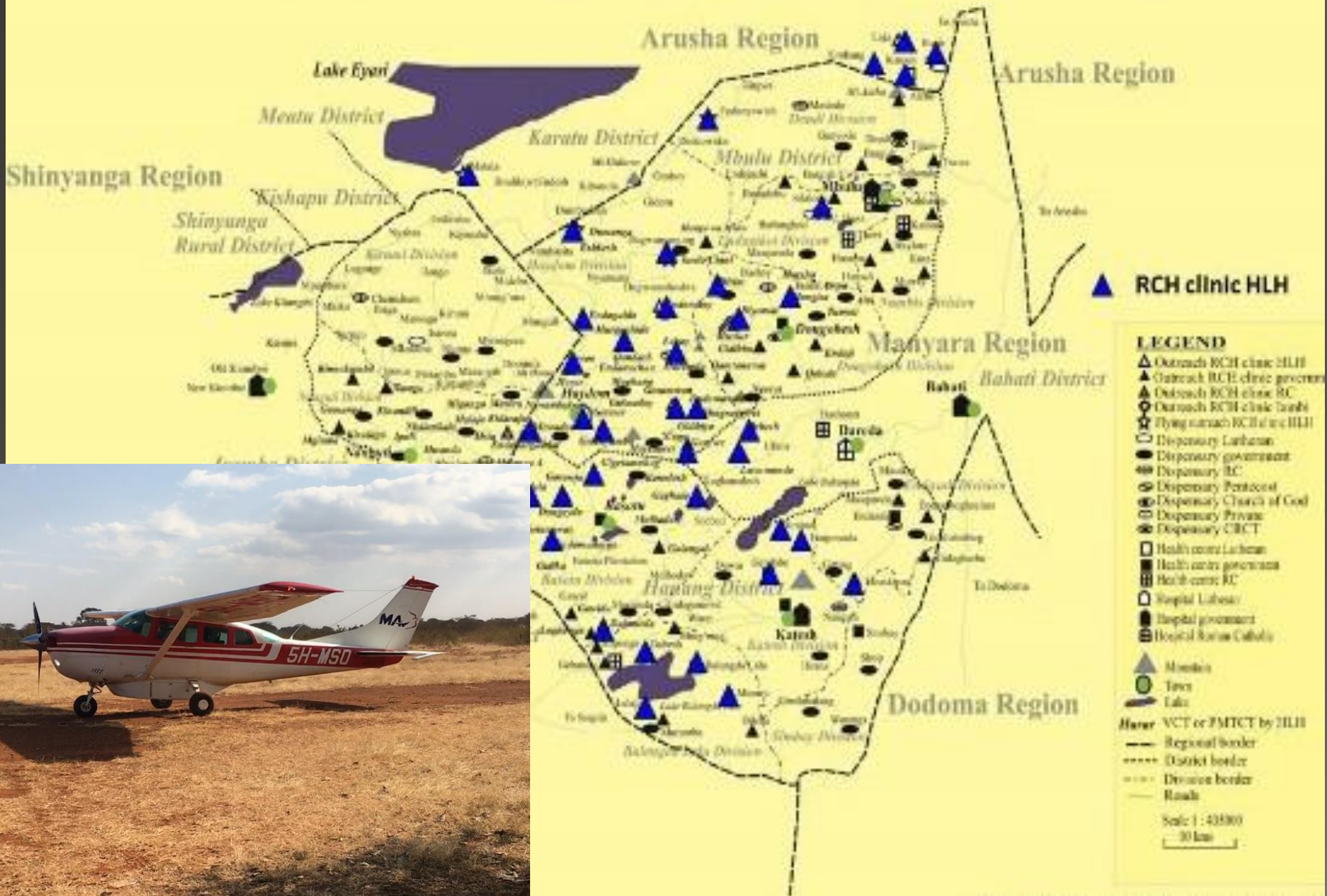
AMBULANCE







Health facilities in reference area of Haydom Lutheran Hospital









- *I saw patients packed 10 room, infants die due to inadequate resources, and surgeons working in operating theatres that were in excess of 90 degrees...The experiences I had were truly life-altering and I am grateful for the opportunity to represent my school and my country. I have no doubt that this medical mission to Tanzania will not be my last.*
- *it was important for me to see how medicine, particularly in a field I am interested in pursuing, is practiced in a non-Westernized environment. The many neonates that we were able to save, whether it be with antibiotics, nutrition, or simple incubation, truly made my time in the hospital fulfilling and worthwhile...by far one of the most formative experiences of my medical school career.*

Why do you want to go?

- Like to travel?
- Want to learn Swahili?
- Do a lot of procedures?
- Use your knowledge to help Africa?

- Want to pursue international health in career?
- Get out of your comfort zone, challenge yourself?

Appreciate the opportunities and challenges

- Understand health disparities – how do they differ in TZ compared to Fifeville?
- Understand local epidemiology and management approaches when diagnostics may not be available.
- Understand your clinical skills and limitations
- Anticipate linguistic and cultural challenges
- Mutual and reciprocal benefit is the goal.

Important qualities

- You are a guest visiting a foreign land
- Emotionally intelligent, clued in
- Flexible, open, non-judgmental
- Charitable, gracious, and friendly
- Tough, hard-working, and self-sufficient
- You are a UVA diplomat

Application details

- Typically ~ 6 per year split between Haydom and KCMC
- Contact me at any stage in this process
- Elective application online
 - Questions, CV, Personal statement, Unofficial transcript, (and letter of rec)
- Separate scholarship application through CGH
- Application: flexible timeline, but largely first-come, first-serve
 - Meet for interview, determine site preferences
 - Check dates and ward availability with site
 - Once accepted, complete checklist of items, including SOM and ISO requirements, travel clinic visit, set up a series of pre-departure meetings.
- Upon return: post-arrival debriefing meeting
 - You write a reflection;
 - I co-sign the elective evaluation form that was completed in Tanzania.

Personal Statement (max 1 page)

1. Purpose and goals in seeking this elective experience.
 - Personal and professional goals?
2. Have you had any background experiences that may help with your cultural/professional acclimatization?
 - prior public health experience, experiences in other countries or cultures?
 - expand upon your CV
3. What qualities make you well suited for this rotation?
4. How do you see this rotation affecting your future career?





ASSAITE
SAZNA



THANK
YOU!

